

**Nihal Yeniad, Ph.D.**

**Assistant Professor**  
**Boğaziçi University, Faculty of Education**  
**Department of Educational Sciences**  
**Psychological Counseling and Guidance Program**

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**EDUCATION**


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2009-2013	Ph.D., Child and Family Studies Department of Education and Child Studies Center for Child and Family Studies, Leiden University, The Netherlands Supervisors: Prof. Dr. Judi Mesman & Prof. Dr. Marinus van IJzendoorn
2006-2009	M.A., Clinical Psychology (high honor) Department of Psychology, Boğaziçi University, İstanbul Thesis advisor: Dr. Nur Yeniçeri
2001-2006	B.A., Psychology (honor) Department of Psychology, Boğaziçi University, İstanbul

**WORK EXPERIENCE**


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2015 -	Assistant Professor Boğaziçi University, İstanbul Department of Educational Sciences Guidance and Psychological Counseling Program
2009 -	Clinical Psychologist (Part-time) Private Practice

**AWARDS/SCHOLARSHIPS**


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2015	International Postdoctoral Research Fellowship Program for Turkish Citizens (2219) The Scientific and Technological Research Council of Turkey <b>Research visit at the New York University Neuroscience and Education Lab</b>
2015	<b>Travel Grant</b> for International Convention of Psychological Science
2006 - 2008	<b>National Achievement Scholarship for Graduate Students</b> The Scientific and Technological Research Council of Turkey

## **PUBLICATIONS**

Çorapçı, F., **Yeniad, N.**, & Korkut, B. (under revision). Ebeveynliğe geçiş döneminde annelerin duygu ve bilişleri: Depresyon ve ebeveyn rolündeki yetkinlik (Mothers' emotions and cognitions during the transition to parenting: Depression and self-efficacy in the parenting role). A. Kapucu & C. Pala (Ed.). 'Çocukluktan Yetişkinliğe Duygu ve Biliş' içinde.

Toska, G. & **Yeniad, N.** (2023) Çocuk ve Hikaye (The Child and Story). S. Erden Çınar (Ed.) Çocuk Psikolojisi. Ankara: Pegem Akademi. ISBN: 978-625-6764-81-1

Çorapçı, F., Börkan, B., Buğan-Kısır, B., **Yeniad, N.**, Sart, H., & Müderrisoğlu, S. (2023). Preliminary Findings of a Home Visiting Program on Stimulating Parenting and Child Vocabulary in a Sample of Economically-Disadvantaged Families. *Child & Youth Care Forum*. <https://doi.org/10.1007/s10566-023-09772-7>

**Yeniad, N.** & Asılkefeli, E. (2023). Duygu düzenlemede mizacın rolü (The role of temperament in emotion regulation). A. Altan-Atalay, B. Kaya-Kızıllöz, & D. Sarıtaş Atalar (Ed). *Kuramdan Teoriye Duygu Düzenleme* İstanbul: Koç Üniversitesi Yayınları.

**Yeniad, N.** & Özen, E. (2023). Ebeveynlerin çocuklarıyla diyalog kurarak kitap okumalarını teşvik eden bir müdahale programının Türkiye'ye uyarlanması (The adaptation of a parent-child dialogic-reading program to Turkey). F. Çorapçı & A. Doğan (Ed), *Çocuk ve Ergenler için Önleyici Müdahale Programları*. İstanbul: Nobel Akademi Yayınevi. ISBN: 978-625-427-978-2

Özen, E., **Yeniad, N.** & Börkan, B. (2023). Examining Mother-Child Agreement in the Reports of Child Competence by Maternal Education and Gender. *Turkish Psychological Counseling and Guidance Journal*, 13(68), 106-121. <https://doi.org/10.17066/tpdrd.1208263el>

Çorapçı, F., Müderrisoğlu, S., Sart, Z. H., & **Yeniad, N.** (2023). Erken çocuklukta ev ziyareti-temelli aile rehberliği programı (Home-visitation based family counseling program in early childhood). In F. Çorapçı & A. Doğan (Eds), *Çocuk ve Ergenler için Önleyici Müdahale Programları*. İstanbul: Nobel Akademi Yayınevi. ISBN: 978-625-427-978-2

Çorapçı, F., Müderrisoğlu, S., Sart, H., & **Yeniad, N.** (2022). ISTANBUL95: An Early Childhood Initiative to Improve Child Development. In *Childhood in Turkey: Educational, Sociological, and Psychological Perspectives* (pp. 273-291). Cham: Springer International Publishing.

Altan-Atalay, A., Şentürk, N., **Yeniad, N.** & Yeniçeri, N. (2017). Tracing the developmental trajectory of executive functions: Changes in WCST scores from childhood to adolescence. *Turkish Journal of Child and Adolescent Mental Health*, 24(1), 5-14.

Yağmurlu, B., & **Yeniad, N.** (2016). Cognitive development of children who grow up in disadvantaged contexts (Dezavantajlı koşullarda yetişen çocukların bilişsel gelişimi.) In C. Aydın, T. Göksun, A. Küntay, & D. Tahiroğlu (Eds.), *Cognitive Development*. Koç University Press, İstanbul.

- Prevoo, M. J. L., Malda, M., Mesman, J., **Yeniad, N.**, & Emmen, R. A. G. (2015). A Context-Dependent View on the Linguistic Interdependence Hypothesis: SES and Language Use as Potential Moderators. *Language Learning*, 65(2), 449-469.
- Yeniad, N.**, Malda, M., Mesman, J., Van IJzendoorn, M. H., Emmen, R. A. G., & Prevoo, M. J. L. (2014). Cognitive flexibility in children across the transition to school: A longitudinal study. *Cognitive Development*, 31, 35-47.  
<http://dx.doi.org/10.1016/j.cogdev.2014.02.004>
- Prevoo, M. J. L., Malda, M., Mesman, J., Emmen, R. A. G., **Yeniad, N.**, Van IJzendoorn, M. H., Linting, M. (2014). Predicting ethnic minority children's vocabulary from socioeconomic status, maternal language and home reading input: different pathways for host and ethnic language. *Journal of Child Language*, 41, 963-984. doi: 10.1017/S0305000913000299
- Yeniad, N.**, Malda, M., Mesman, J., Van IJzendoorn, M. H., & Pieper, S. (2013). Shifting ability predicts math and reading performance in children: A meta-analytical study. *Learning and Individual Differences*, 23, 1-9.  
doi:<http://dx.doi.org/10.1016/j.lindif.2012.10.004>
- Emmen, R. A. G., Malda, M., Mesman, J., Van IJzendoorn, M. H., Prevoo, M. J. L., & **Yeniad, N.** (2013). Socioeconomic status and parenting in ethnic minority families: Testing a minority family stress model. *Journal of Family Psychology*, 27(6), 896-904. doi: 10.1037/a0034693

## RESEARCH ACTIVITIES

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- 2021– cont      Title: ***Evaluation of The Impact of a Dialogic Reading Parenting Intervention on Parent-Toddler Interaction and Toddler Development- DRIFT Study***  
Role: *Principal Investigator*  
Funded by *The Scientific and Technological Research Council of Turkey; Career Development Program (3501)*
- 2018 - 2021      Title: ***Development and Implementation of Early Childhood Basic Messages Program in Istanbul Municipalities***  
Role: *Researcher*  
Funded by *Bernard van Leer Foundation, the Netherlands*
- 2018 - 2021      Title: ***Origins of early individual differences in infant attention: A multi-method study involving primiparous mothers of twins and singletons.***  
Role: *Principal Investigator*  
Funded by *Boğaziçi University Start-UP Grant*
- 2017 - 2021      Title: ***Development and Evaluation of a Home Visiting Program (HVP) for Parent Coaching in Istanbul Municipalities***  
Role: *Researcher*  
Implementing partners: *Istanbul Metropolitan Municipality Family Guidance Centers and İzmir Karsiyaka Municipality*  
Funded by *Bernard van Leer Foundation, the Netherlands*
- 2015 - 2017      Title: ***A meta-analysis on the relation between self-rgulation and internalizing problems***  
Team: *with dr. Michael Sulik and Professor Clancy Blair, New York University (NYU) Neuroscience and Education Lab*  
Responsibilities: *Detailed screening of selected studies and coding effect sizes and moderators*  
Fund: *The Scientific and Technological Research Council of Turkey; International Postdoctoral Research Fellowship Program for Turkish Citizens*

## CONFERENCE PRESENTATIONS

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- Yeniad, N.** (2023, November). Narratives of the Unknown: *Primiparous Pregnant Women's Mental Representations about Motherhood*. Oral presentation presented at the 3rd International Congress of Infant Child Adolescent Psychology Congress. Online.
- Çetintaş, Ş., **Yeniad, N.** & Emmen, R.A.G. (2019, September). *Beliefs About Children's Upbringing: The Views of Turkish Mothers and Preschool Teachers*. Poster presented by the 1<sup>st</sup> author at the 19<sup>th</sup> European Conference of Developmental Psychology, Athens, Greece.
- Özen, E., **Yeniad N.** & Börkan, B. (2019, September). *Gender Stereotypes and Middle-School Children's Self-Perception: A Comparison Of Mothers' And Their Children's Reports*. Poster presented the 1<sup>st</sup> author at the 19<sup>th</sup> European Conference of Developmental Psychology, Athens, Greece.
- Öztemür, G. & **Yeniad, N.** (2019, September). *Relationships Between Executive Functioning, Private Speech, and Emotion Regulation in Preschoolers*. Poster presented the 2<sup>nd</sup> author at the 19<sup>th</sup> European Conference of Developmental Psychology, Athens, Greece.
- Prevo, M. H., Mesman, J., Tamis-LeMonda, C. S., Malda, M., Emmen, R A.G., **Yeniad, N.** (2015, September). *It's not just how you parent, it's also what you say: Quality of maternal language input as a mediator of the relation between maternal sensitivity and child language outcomes*. Poster presented the 1<sup>st</sup> author at the 17<sup>th</sup> European Conference on Developmental Psychology, Braga, Portugal.
- Yeniad, N.,** Şentürk, N., & Yeniçeri, N. (2015, March). *A Longitudinal Study of Executive Functions in School-Age Children*. Poster presented the 1<sup>st</sup> author at the International Convention of Psychological Science, ICPS, Amsterdam, the Netherlands.
- Emmen, R A.G., Malda, M., Mesman, J., Prevo, M H., & **Yeniad, N.** (2015, March). *The Paradox of a Strong National Identity: Relations between Discrimination, Depression, Parenting, and Child Development*. Biennial meeting of the Society for Research in Child Development, SRCD, Philadelphia, Pennsylvania, the USA.
- Emmen, R A.G., Malda, M., Mesman, J., Prevo, M H., & **Yeniad, N.** (2014, July). *Predicting Turkish Minority Children's Host and Ethnic Vocabulary from Socioeconomic Status and Home Environment*. Poster presented at the 22<sup>nd</sup> International Congress of International Association of Cross-Cultural Psychology, IACCP, Reims, France.
- Yeniad, N.,** Malda, M., Mesman, J., Van IJzendoorn, M. H. (2013, April). *Shifting ability predicts math and reading performance in children: A meta-analytical study*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, SRCD, Seattle, Washington, the USA.
- Prevo, M. H., Malda, M., Mesman, J., Emmen, R A.G., **Yeniad, N.,** Van IJzendoorn, M. H., & Linting, M. (2013, April). *Socioeconomic Status Relates to Reading Input and Vocabulary in the Host but not in the Heritage Language*. Oral presentation presented at the Biennial Meeting of the Society for Research in Child Development, SRCD, Washington, the USA.
- Emmen, R A.G., Malda, M., Mesman J., Van IJzendoorn, M. H., Prevo, M. H., & **Yeniad, N.** (2013, April). *The Effect of Socioeconomic Status on Parenting in Ethnic Minority Families: Testing Variations of the Family Stress Model*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, SRCD, Seattle, Washington, the USA.

- Yeniad, N., Şentürk, N., Yeniçeri, N., & Alp, I. E.** (2011, July). *An Investigation of the Factorial Structure of the Wisconsin Card Sorting Test in 6-to 7-year-old Turkish Children and Its Relation to Fluid Intelligence*. Poster presented at the 12<sup>th</sup> European Congress of Psychology, İstanbul, Turkey.
- Yeniad, N., Şentürk, N., Yeniçeri, N., & Alp, I. E.** (2009, July). Assessment of Executive Functions in Turkish Young Children. Poster presented at the 11<sup>th</sup> European Congress of Psychology, Oslo, Norway.
- Yeniad, N., Şentürk, N., Yeniçeri, N., & Alp, I. E.** (2008, September). An evaluation of Executive Functions of 6- to 7-year-old Children by various assessment tools( *6–7 Yaş Çocuklarda Yönetici Fonksiyonların Farklı Araçlar Üstünden Değerlendirilmesi.*) Poster presented at 15<sup>th</sup> National Psychology Congress, İstanbul, Turkey.
- Kumru, G., **Yeniad, N.**, Yataarkalkmaz, Ş., İyilikçi O., & Köksal, F. (2006, September). The Effects of Classical and Operant Conditioning on Sexual Behaviors of Male Japanese Quails (*Erkek Japon Bildircinların Cinsel Davranışlarında Klasik Koşullanma ve Edimsel Koşullanmanın Etkileri.*) 14<sup>th</sup> National Psychology Congress, Ankara, Turkey.

## COURSES TAUGHT

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<b>Graduate level</b>	Psychological Assessment Counseling Theories I Master Thesis
	Understanding Maladjustment Advanced Counseling Skills School Counseling Practicum Special Topics: Self-regulation in Children
<b>Undergraduate level</b>	Freshman Orientation Research Methodology, Applied Research, Developmental Psychology Measurement and Evaluation

## THESES (CO-)SUPERVISED

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- Mısırlıoğlu, B. (in preparation). *Evaluation of the BABY95 Early Childhood Program from the Perspectives of Home Visitors and Supervisors*. Boğaziçi University.
- Tüccar, S. (in preparation). *Longitudinal Effects of A Dialogic Reading Program on Parenting and Child Development*. Boğaziçi University
- Gürel, B. F. (in preparation). *Do fathers read too?: A descriptive study on Turkish fathers' participation in shared book reading with preschoolers*. Boğaziçi University.
- Özen, E. (in preparation). *Impact Evaluation of the Online Delivery of a Shared Book-Reading Intervention among Turkish Families with Toddlers*. Maltepe University Ph.D. Program in Developmental Psychology.
- Altun, T. (2023). *Mother-Child Interaction During Book Sharing and Children's Early Socio-Emotional Skills: A Cross-Sectional Study*. Boğaziçi University.
- Asılkefeli, E. (2023). *The Impact of a Dialogic-Reading Program on Children's Cognitive Outcomes: Preliminary Findings of a Pilot Study*. Boğaziçi University
- Sorgun, S. (2021). *A Longitudinal Examination of Self-Efficacy in the Transition to Motherhood*. Boğaziçi University.
- Ünverdi, B. (2020). *Division of Childcare in the Turkish Family Context: Prenatal Expectations and Postnatal Experiences*. Boğaziçi University.
- Hacıoğlu, M. (2020). *Maternal Representations During Pregnancy: A Study of the Five Minute Speech Sample in Primiparous Women*. Boğaziçi University.
- Gülcan Çakmak, B. (2019). *Perceived Social Support And The Psychological Well-Being Of Adolescent Syrian Refugees*. Advisor: Assoc. Prof. Bengü Börkan
- Çetintaş, Ş. (2019). *Beliefs About Children's Upbringing: The Views of Turkish Mothers and Preschool Teachers*. Boğaziçi University. Co-advisor: Dr. Rosanneke Emmen, Leiden University.
- Öztemür, G. (2019). *Relationships between Executive Functioning, Private Speech, and Emotion Regulation in Preschoolers*. Boğaziçi University
- Özen, E. (2018). *Gender Stereotypes and Middle-School Children's Self-perception: A Comparison of Mothers' and Children's Reports*. Boğaziçi University. Co-advisor: Assoc. Prof. Bengü Börkan.

## CONTRIBUTION TO MASTER'S THESES AND PHD DISSERTATIONS AS A COMMITTEE MEMBER

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- Beliz Korkut (Bogazici University, PhD candidate in psychological sciences)
- Burcu Bagan (Bogazici University, PhD in psychological sciences, 2023)
- Ayça Tuna (Bogazici University, MA in psychological counseling, 2023)
- Özlem Tanrıseven, (Bogazici University, MA in clinical psychology)
- Wei Li (Leiden University, PhD in child and family studies, 2021)
- Meryem Temel (Maltepe University, PHD in clinical psychology, 2021)
- Gökçe Sertbaş (Bahçeşehir University, MA in psychological counseling, 2021)
- Begüm Coşgun (Bogazici University, MA in clinical psychology, 2019)
- İpek Merve Şengül (Bogazici University, MA in clinical psychology, 2019)
- Esra Hızır (İstanbul Bilgi University, MA in clinical psychology, 2019)
- Özlem Küçüközdemir (Bogazici University, MA in clinical psychology, 2019)
- Meryem Söğüt (Koç University, MA in developmental psychology, 2019)
- Burcu Kaya Kızılöz (Bogazici University, PhD in psychological sciences, 2018)

## **SPECIALIZED TRAININGS**

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**Expressive Arts Therapy Training for Mental Health, Education and Social Change**  
(EXA Istanbul in collaboration with European Graduate School)

**Somatic Experiencing Playshop in Children and Adolescents**  
(Maggie Kline, M.S., LMFT)

**Ainsworth Sensitivity and Cooperation Scales**  
(R.A.G. Emmen, PhD, Leiden University),

**Trauma-Focused Cognitive Behavioural Therapy for Children and Young People with Post-Traumatic Stress Disorder**  
(David Trickey, Consultant Clinical Psychologist, Anna Freud Centre London)

**Somatic Experiencing Module I**  
(Ariel Giarretto, LMFT, CMT, Somatic Psychotherapist)

**Play Therapy**  
(Elif Akdağ Göçek, PhD, Clinical Psychologist, İstanbul Bilgi University)

**Video-based Intervention to Promote Positive Parenting**  
(Claudia Werner, PhD, Leiden University, the Netherlands)

**Emotional Availability Scales, 4th Ed**  
(Prof. Judi Mesman, Leiden University, the Netherlands)

**Strategic Family Therapy**  
(Institute of Behavioral Studies, Istanbul)