

Nihal Yeniad, Ph.D.

Assistant Professor
Boğaziçi University, Faculty of Education
Department of Educational Sciences
Psychological Counseling and Guidance Program

<https://ed.bogazici.edu.tr/people/nihal-yeniad>

<https://www.bebek95.com/our-team/>

EDUCATION

2009-2013	Ph.D., Child and Family Studies Department of Education and Child Studies Center for Child and Family Studies, Leiden University, The Netherlands Supervisors: Prof. Dr. Judi Mesman & Prof. Dr. Marinus van IJzendoorn
2006-2009	M.A., Clinical Psychology (high honor) Department of Psychology, Boğaziçi University, İstanbul Thesis advisor: Dr. Nur Yeniçeri
2001-2006	B.A., Psychology (honor) Department of Psychology, Boğaziçi University, İstanbul

WORK EXPERIENCE

2015 -	Assistant Professor Boğaziçi University, İstanbul Department of Educational Sciences Guidance and Psychological Counseling Program
2009 -	Clinical Psychologist (Part-time) Private Practice

AWARDS/SCHOLARSHIPS

2015	International Postdoctoral Research Fellowship Program for Turkish Citizens (2219) The Scientific and Technological Research Council of Turkey Research visit at the New York University Neuroscience and Education Lab
2015	Travel Grant for International Convention of Psychological Science
2006 - 2008	National Achievement Scholarship for Graduate Students The Scientific and Technological Research Council of Turkey

PUBLICATIONS

Çorapçı, F., **Yeniad, N.**, & Korkut, B. (under revision). Ebeveynliğe geçiş döneminde annelerin duygu ve bilişleri: Depresyon ve ebeveyn rolündeki yetkinlik (Mothers' emotions and cognitions during the transition to parenting: Depression and self-efficacy in the parenting role). A. Kapucu & C. Pala (Ed.). 'Çocukluktan Yetişkinliğe Duygu ve Biliş' içinde.

Toska, G. & **Yeniad, N.** (2023) Çocuk ve Hikaye (The Child and Story). S. Erden Çınar (Ed.) Çocuk Psikolojisi. Ankara: Pegem Akademi. ISBN: 978-625-6764-81-1

Çorapçı, F., Börkan, B., Buğan-Kısır, B., **Yeniad, N.**, Sart, H., & Müderrisoğlu, S. (2023). Preliminary Findings of a Home Visiting Program on Stimulating Parenting and Child Vocabulary in a Sample of Economically-Disadvantaged Families. *Child & Youth Care Forum*. <https://doi.org/10.1007/s10566-023-09772-7>

Yeniad, N. & Asılkefeli, E. (2023). Duygu düzenlemede mizacın rolü (The role of temperament in emotion regulation). A. Altan-Atalay, B. Kaya-Kızıllöz, & D. Sarıtaş Atalar (Ed). *Kuramdan Teoriye Duygu Düzenleme* İstanbul: Koç Üniversitesi Yayınları.

Yeniad, N. & Özen, E. (2023). Ebeveynlerin çocuklarıyla diyalog kurarak kitap okumalarını teşvik eden bir müdahale programının Türkiye'ye uyarlanması (The adaptation of a parent-child dialogic-reading program to Turkey). F. Çorapçı & A. Doğan (Ed), *Çocuk ve Ergenler için Önleyici Müdahale Programları*. İstanbul: Nobel Akademi Yayınevi. ISBN: 978-625-427-978-2

Özen, E., **Yeniad, N.** & Börkan, B. (2023). Examining Mother-Child Agreement in the Reports of Child Competence by Maternal Education and Gender. *Turkish Psychological Counseling and Guidance Journal*, 13(68), 106-121. <https://doi.org/10.17066/tpdrd.1208263el>

Çorapçı, F., Müderrisoğlu, S., Sart, Z. H., & **Yeniad, N.** (2023). Erken çocuklukta ev ziyareti-temelli aile rehberliği programı (Home-visitation based family counseling program in early childhood). In F. Çorapçı & A. Doğan (Eds), *Çocuk ve Ergenler için Önleyici Müdahale Programları*. İstanbul: Nobel Akademi Yayınevi. ISBN: 978-625-427-978-2

Çorapçı, F., Müderrisoğlu, S., Sart, H., & **Yeniad, N.** (2022). ISTANBUL95: An Early Childhood Initiative to Improve Child Development. In *Childhood in Turkey: Educational, Sociological, and Psychological Perspectives* (pp. 273-291). Cham: Springer International Publishing.

Altan-Atalay, A., Şentürk, N., **Yeniad, N.** & Yeniçeri, N. (2017). Tracing the developmental trajectory of executive functions: Changes in WCST scores from childhood to adolescence. *Turkish Journal of Child and Adolescent Mental Health*, 24(1), 5-14.

Yağmurlu, B., & **Yeniad, N.** (2016). Cognitive development of children who grow up in disadvantaged contexts (Dezavantajlı koşullarda yetişen çocukların bilişsel gelişimi.) In C. Aydın, T. Göksun, A. Küntay, & D. Tahiroğlu (Eds.), *Cognitive Development*. Koç University Press, İstanbul.

- Prevoo, M. J. L., Malda, M., Mesman, J., **Yeniad, N.**, & Emmen, R. A. G. (2015). A Context-Dependent View on the Linguistic Interdependence Hypothesis: SES and Language Use as Potential Moderators. *Language Learning*, 65(2), 449-469.
- Yeniad, N.**, Malda, M., Mesman, J., Van IJzendoorn, M. H., Emmen, R. A. G., & Prevoo, M. J. L. (2014). Cognitive flexibility in children across the transition to school: A longitudinal study. *Cognitive Development*, 31, 35-47.
<http://dx.doi.org/10.1016/j.cogdev.2014.02.004>
- Prevoo, M. J. L., Malda, M., Mesman, J., Emmen, R. A. G., **Yeniad, N.**, Van IJzendoorn, M. H., Linting, M. (2014). Predicting ethnic minority children's vocabulary from socioeconomic status, maternal language and home reading input: different pathways for host and ethnic language. *Journal of Child Language*, 41, 963-984. doi: 10.1017/S0305000913000299
- Yeniad, N.**, Malda, M., Mesman, J., Van IJzendoorn, M. H., & Pieper, S. (2013). Shifting ability predicts math and reading performance in children: A meta-analytical study. *Learning and Individual Differences*, 23, 1-9.
doi:<http://dx.doi.org/10.1016/j.lindif.2012.10.004>
- Emmen, R. A. G., Malda, M., Mesman, J., Van IJzendoorn, M. H., Prevoo, M. J. L., & **Yeniad, N.** (2013). Socioeconomic status and parenting in ethnic minority families: Testing a minority family stress model. *Journal of Family Psychology*, 27(6), 896-904. doi: 10.1037/a0034693

RESEARCH ACTIVITIES

2021– cont

Title: *Evaluation of The Impact of a Dialogic Reading Parenting Intervention on Parent-Toddler Interaction and Toddler Development- DRIFT Study*

Role: *Principal Investigator*

Funded by *The Scientific and Technological Research Council of Turkey; Career Development Program (3501)*

2018 - 2021

Title: *Development and Implementation of Early Childhood Basic Messages Program in Istanbul Municipalities*

Role: *Researcher*

Funded by *Bernard van Leer Foundation, the Netherlands*

2018 - 2021

Title: *Origins of early individual differences in infant attention: A multi-method study involving primiparous mothers of twins and singletons.*

Role: *Principal Investigator*

Funded by *Boğaziçi University Start-UP Grant*

2017 - 2021

Title: *Development and Evaluation of a Home Visiting Program (HVP) for Parent Coaching in Istanbul Municipalities*

Role: *Researcher*

Implementing partners: *Istanbul Metropolitan Municipality Family Guidance Centers and İzmir Karsiyaka Municipality*

Funded by *Bernard van Leer Foundation, the Netherlands*

2015 - 2017

Title: *A meta-analysis on the relation between self-regulation and internalizing problems*

Team: *with dr. Michael Sulik and Professor Clancy Blair, New York University (NYU) Neuroscience and Education Lab*

Responsibilities: *Detailed screening of selected studies and coding effect sizes and moderators*

Fund: *The Scientific and Technological Research Council of Turkey; International Postdoctoral Research Fellowship Program for Turkish Citizens*

CONFERENCE PRESENTATIONS

- Yeniad, N.** (2023, November). Narratives of the Unknown: *Primiparous Pregnant Women's Mental Representations about Motherhood*. Oral presentation presented at the 3rd International Congress of Infant Child Adolescent Psychology Congress. Online.
- Çetintaş, Ş., **Yeniad, N.** & Emmen, R.A.G. (2019, September). *Beliefs About Children's Upbringing: The Views of Turkish Mothers and Preschool Teachers*. Poster presented by the 1st author at the 19th European Conference of Developmental Psychology, Athens, Greece.
- Özen, E., **Yeniad N.** & Börkan, B. (2019, September). *Gender Stereotypes and Middle-School Children's Self-Perception: A Comparison Of Mothers' And Their Children's Reports*. Poster presented the 1st author at the 19th European Conference of Developmental Psychology, Athens, Greece.
- Öztemür, G. & **Yeniad, N.** (2019, September). *Relationships Between Executive Functioning, Private Speech, and Emotion Regulation in Preschoolers*. Poster presented the 2nd author at the 19th European Conference of Developmental Psychology, Athens, Greece.
- Prevo, M. H., Mesman, J., Tamis-LeMonda, C. S., Malda, M., Emmen, R A.G., **Yeniad, N.** (2015, September). *It's not just how you parent, it's also what you say: Quality of maternal language input as a mediator of the relation between maternal sensitivity and child language outcomes*. Poster presented the 1st author at the 17th European Conference on Developmental Psychology, Braga, Portugal.
- Yeniad, N.,** Şentürk, N., & Yeniçeri, N. (2015, March). *A Longitudinal Study of Executive Functions in School-Age Children*. Poster presented the 1st author at the International Convention of Psychological Science, ICPS, Amsterdam, the Netherlands.
- Emmen, R A.G., Malda, M., Mesman, J., Prevo, M H., & **Yeniad, N.** (2015, March). *The Paradox of a Strong National Identity: Relations between Discrimination, Depression, Parenting, and Child Development*. Biennial meeting of the Society for Research in Child Development, SRCD, Philadelphia, Pennsylvania, the USA.
- Emmen, R A.G., Malda, M., Mesman, J., Prevo, M H., & **Yeniad, N.** (2014, July). *Predicting Turkish Minority Children's Host and Ethnic Vocabulary from Socioeconomic Status and Home Environment*. Poster presented at the 22nd International Congress of International Association of Cross-Cultural Psychology, IACCP, Reims, France.
- Yeniad, N.,** Malda, M., Mesman, J., Van IJzendoorn, M. H. (2013, April). *Shifting ability predicts math and reading performance in children: A meta-analytical study*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, SRCD, Seattle, Washington, the USA.
- Prevo, M. H., Malda, M., Mesman, J., Emmen, R A.G., **Yeniad, N.,** Van IJzendoorn, M. H., & Linting, M. (2013, April). *Socioeconomic Status Relates to Reading Input and Vocabulary in the Host but not in the Heritage Language*. Oral presentation presented at the Biennial Meeting of the Society for Research in Child Development, SRCD, Washington, the USA.
- Emmen, R A.G., Malda, M., Mesman J., Van IJzendoorn, M. H., Prevo, M. H., & **Yeniad, N.** (2013, April). *The Effect of Socioeconomic Status on Parenting in Ethnic Minority Families: Testing Variations of the Family Stress Model*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, SRCD, Seattle, Washington, the USA.

- Yeniad, N., Şentürk, N., Yeniçeri, N., & Alp, I. E.** (2011, July). *An Investigation of the Factorial Structure of the Wisconsin Card Sorting Test in 6-to 7-year-old Turkish Children and Its Relation to Fluid Intelligence*. Poster presented at the 12th European Congress of Psychology, İstanbul, Turkey.
- Yeniad, N., Şentürk, N., Yeniçeri, N., & Alp, I. E.** (2009, July). Assessment of Executive Functions in Turkish Young Children. Poster presented at the 11th European Congress of Psychology, Oslo, Norway.
- Yeniad, N., Şentürk, N., Yeniçeri, N., & Alp, I. E.** (2008, September). An evaluation of Executive Functions of 6- to 7-year-old Children by various assessment tools(*6–7 Yaş Çocuklarda Yönetici Fonksiyonların Farklı Araçlar Üstünden Değerlendirilmesi.*) Poster presented at 15th National Psychology Congress, İstanbul, Turkey.
- Kumru, G., **Yeniad, N.**, Yataarkalkmaz, Ş., İyilikçi O., & Köksal, F. (2006, September). The Effects of Classical and Operant Conditioning on Sexual Behaviors of Male Japanese Quails (*Erkek Japon Bildircinların Cinsel Davranışlarında Klasik Koşullanma ve Edimsel Koşullanmanın Etkileri.*) 14th National Psychology Congress, Ankara, Turkey.

COURSES TAUGHT

Graduate level	Psychological Assessment Counseling Theories I Master Thesis
	Understanding Maladjustment Advanced Counseling Skills School Counseling Practicum Special Topics: Self-regulation in Children
Undergraduate level	Freshman Orientation Research Methodology, Applied Research, Developmental Psychology Measurement and Evaluation

THESES (CO-)SUPERVISED

- Mısırlıoğlu, B. (in preparation). *Evaluation of the BABY95 Early Childhood Program from the Perspectives of Home Visitors and Supervisors*. Boğaziçi University.
- Tüccar, S. (in preparation). *Longitudinal Effects of A Dialogic Reading Program on Parenting and Child Development*. Boğaziçi University
- Gürel, B. F. (in preparation). *Do fathers read too?: A descriptive study on Turkish fathers' participation in shared book reading with preschoolers*. Boğaziçi University.
- Özen, E. (in preparation). *Impact Evaluation of the Online Delivery of a Shared Book-Reading Intervention among Turkish Families with Toddlers*. Maltepe University Ph.D. Program in Developmental Psychology.
- Altun, T. (2023). *Mother-Child Interaction During Book Sharing and Children's Early Socio-Emotional Skills: A Cross-Sectional Study*. Boğaziçi University.
- Asılkefeli, E. (2023). *The Impact of a Dialogic-Reading Program on Children's Cognitive Outcomes: Preliminary Findings of a Pilot Study*. Boğaziçi University
- Sorgun, S. (2021). *A Longitudinal Examination of Self-Efficacy in the Transition to Motherhood*. Boğaziçi University.
- Ünverdi, B. (2020). *Division of Childcare in the Turkish Family Context: Prenatal Expectations and Postnatal Experiences*. Boğaziçi University.
- Hacıoğlu, M. (2020). *Maternal Representations During Pregnancy: A Study of the Five Minute Speech Sample in Primiparous Women*. Boğaziçi University.
- Gülcan Çakmak, B. (2019). *Perceived Social Support And The Psychological Well-Being Of Adolescent Syrian Refugees*. Advisor: Assoc. Prof. Bengü Börkan
- Çetintaş, Ş. (2019). *Beliefs About Children's Upbringing: The Views of Turkish Mothers and Preschool Teachers*. Boğaziçi University. Co-advisor: Dr. Rosanneke Emmen, Leiden University.
- Öztemür, G. (2019). *Relationships between Executive Functioning, Private Speech, and Emotion Regulation in Preschoolers*. Boğaziçi University
- Özen, E. (2018). *Gender Stereotypes and Middle-School Children's Self-perception: A Comparison of Mothers' and Children's Reports*. Boğaziçi University. Co-advisor: Assoc. Prof. Bengü Börkan.

CONTRIBUTION TO MASTER'S THESES AND PHD DISSERTATIONS AS A COMMITTEE MEMBER

- Beliz Korkut (Bogazici University, PhD candidate in psychological sciences)
- Burcu Bagan (Bogazici University, PhD in psychological sciences, 2023)
- Ayça Tuna (Bogazici University, MA in psychological counseling, 2023)
- Özlem Tanrıseven, (Bogazici University, MA in clinical psychology)
- Wei Li (Leiden University, PhD in child and family studies, 2021)
- Meryem Temel (Maltepe University, PHD in clinical psychology, 2021)
- Gökçe Sertbaş (Bahçeşehir University, MA in psychological counseling, 2021)
- Begüm Coşgun (Bogazici University, MA in clinical psychology, 2019)
- İpek Merve Şengül (Bogazici University, MA in clinical psychology, 2019)
- Esra Hızır (İstanbul Bilgi University, MA in clinical psychology, 2019)
- Özlem Küçüközdemir (Bogazici University, MA in clinical psychology, 2019)
- Meryem Söğüt (Koç University, MA in developmental psychology, 2019)
- Burcu Kaya Kızılöz (Bogazici University, PhD in psychological sciences, 2018)

SPECIALIZED TRAININGS

Expressive Arts Therapy Training for Mental Health, Education and Social Change
(EXA Istanbul in collaboration with European Graduate School)

Somatic Experiencing Playshop in Children and Adolescents
(Maggie Kline, M.S., LMFT)

Ainsworth Sensitivity and Cooperation Scales
(R.A.G. Emmen, PhD, Leiden University),

Trauma-Focused Cognitive Behavioural Therapy for Children and Young People with Post-Traumatic Stress Disorder
(David Trickey, Consultant Clinical Psychologist, Anna Freud Centre London)

Somatic Experiencing Module I
(Ariel Giarretto, LMFT, CMT, Somatic Psychotherapist)

Play Therapy
(Elif Akdağ Göçek, PhD, Clinical Psychologist, İstanbul Bilgi University)

Video-based Intervention to Promote Positive Parenting
(Claudia Werner, PhD, Leiden University, the Netherlands)

Emotional Availability Scales, 4th Ed
(Prof. Judi Mesman, Leiden University, the Netherlands)

Strategic Family Therapy
(Institute of Behavioral Studies, Istanbul)